Pattern for Sticks in the Travelling Stick Game Song

INTRODUCTION
Begin by sitting in a cross-legged position on the floor or at a round or square table. All playing students are sitting in a large circle close enough so their knees are almost touching so that they "give" away their sticks to the student on their left and "receive" incoming new sticks from the student on their right. Reinforce respecting others.

Stand the sticks up on the floor/table closely in front of you gripping a stick in each hand. The sticks will travel in a clockwise circle beginning on the EAST side of the body (imagine looking down in front of you at an imaginary circle with SOUTH being closest to you). You can cut out a 12-14" diameter paper circle to help students who may need assistance.

north 4

west 3 east 1

south 2
X
(student)

PLAYING PATTERN
"East east, south south, west west, north north" (said aloud when learning but silently when playing)
"Father sky (tapping the sticks 4x up above you in the air)"
"Mother Earth (tapping the sticks 4x on the floor at the same time holding like drum sticks)"

East east south south west west north north fa-ther sky__ mo-ther earth__
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16

East east south south west west north north fa-ther sky__ mo-ther earth__
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16

East east south south west west north north fa-ther sky__ mo-ther earth__
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16

East east south south west west north north fa-ther sky__ mo-ther earth__
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16

(one more) fa-ther sky__ mo-ther earth__
9 10 11 12 13 14 15 16

"Walk the sticks" for 8 beats on the floor when passing/receiving while adding in the breath pattern following the song. Try increasing the speed of the song when beginning a new song round for a fun challenge to develop cognitive and gross motor skills. ☺